Club Jollyville's 2009 High School Summer Clinics

High School Clinics are held at Northwest Baptist Church and Hopewell Middle School, and will be run by the Club's finest coaches. Prepare to be mentally and physically challenged by coaches with decades of playing experience in USAV and NCAA! Parents are invited to stay and watch their daughter's progress. Due to the limited time, players should expect to be physically demanded. Please arrive by 5:45 on your scheduled night to ensure the clinic begins at 6:00.

High School Setter July 13 6-9 pm $30 NWBC
Aside from hundreds of repetitions, setters will learn to call play sets and how to read opposing blockers. Other topics include jumpsetting, dumping, transition, set tempo and proper hand placement and technique.

Serve and Serve Receive Boot Camp July 14 6-9 pm $30 NWBC
In addition to learning five different styles of serving, players will focus on body movement, digging, serve receive, ball control, and pursuit. Major emphasis will be placed on proper court movement, posture, platform positioning, and defensive progressions.

High School Outside Hitter July 15 6-9 pm $30 Hopewell
This clinic will focus mostly on attacking, but will include some passing for transition purposes. Hitters will be introduced to a variety of shots and when to use each. Technique and transition will be emphasized in passing and serve receive drills.

High School Middle Blocker July 16 6-9 pm $30 NWBC
Players will be instructed in proper technique in blocking, transition, and attacking quick sets. They will receive repetitions in attacking 1s, 3s, slides, and step-ins and will learn the mental side of being a middle blocker.

Northwest Baptist Church
6301 Woodrow Avenue, 78757

Hopewell Middle School
1535 Gulf Way, 78664

Send with fees to Debbie Shackelford, 4109 Mark Rae, Austin, 78727. Questions? Call 244-6790.

Name_____ Phone_____ Grade____

Email_____ School_____

- □ High School Setter
- □ Serve and Serve Receive Boot Camp
- □ High School Outside Hitter
- □ High School Middle Blocker

Amount Enclosed $_____