

High School Middle Blocker* July 28 6-9 pm \$30
 Players will be instructed in proper technique in blocking, transition, and attacking quick sets. They will receive repetitions in attacking 1s, 3s, slides, and step-ins and will learn the mental side of being a middle blocker.

High School Setter July 29 6-9 pm \$30
 Aside from hundreds of repetitions, setters will learn to call play sets and how to read the other team's blockers. Other topics include jumpsetting, dumping, transition, set tempo and proper hand placement and technique.

High School Outside Hitter July 29 6-9 pm \$30
 This clinic will instruct in both passing and attacking. Hitters will be introduced to a variety of shots and when to use each. Technique and transition will be emphasized in passing and serve receive drills.

Middle School Middle Blocker* July 28 6-9 pm \$30
 Athletes will perform repetitions in hitting 1s and 2s and will focus on footwork. Areas covered include reading a pass, blocking, transition, and arm swing mechanics.

Middle School Setter July 30 6-9 pm \$30
 These setters will practice a variety of sets. Emphasis will be placed on hand and foot placement, set location, and follow through. Setters will also run drills on dumping and transitioning.

Middle School Outside Hitter July 30 6-9 pm \$30
 This clinic will instruct in both passing and attacking. Hitters will be introduced to a variety of shots and when to use each. Technique will be emphasized in passing and serve receive drills.

Tune Up for Tryouts July 31 6-9 pm \$30
 Middle Schoolers will learn all the skills needed to make the school team, with a large emphasis on serving and passing. This clinic will also cover positions and team formations. Players will be grouped by skill level.

*These clinics will be held on adjacent courts and run independently.

Parents are invited to stay and watch their daughter's progress. Due to the limited time, players should expect to be physically demanded. Drills will be challenging and require a certain knowledge of the position, especially for high school athletes.

 Send with fees to Debbie Shackelford, 4109 Mark Rae, Austin, 78727. Questions? Call 244-6790.

Name _____ Phone _____ Grade _____

Middle School MB S OH Tune Up

High School MB S OH

Amount Enclosed \$ _____